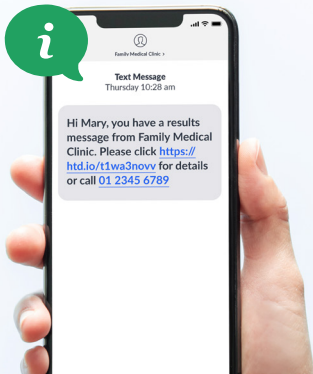




We use HotDoc to send health messages by SMS

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Once you receive the SMS, follow this secure process:

1

**Click link
in SMS**

2

**Verify
identity**

3

**Unlock
message
& book**